

MEETING:	South Area Council
DATE:	Friday, 14 February 2020
TIME:	10.00 am
VENUE:	Meeting Room 1 - Barnsley Town Hall

AGENDA

- 1 Declarations of Pecuniary and Non-Pecuniary Interests

Minutes and Notes

- 2 Minutes of the Meeting of South Area Council held on 17th January, 2020
(Sac.14.02.2020/2) *(Pages 3 - 6)*
- 3 Notes of the Ward Alliances (Sac.14.02.2020/3) *(Pages 7 - 14)*
Hoyland Milton and Rockingham – held on 8th January, 2020
Darfield – held on 16th January, 2020
Wombwell – held on 20th January, 2020

Items for Decision

- 4 Public Health Update (Sac.14.02.2020/4) *(Pages 15 - 44)*
Including:-
Strength and Balance – options for investment and potential for contribution from partners – Alec Tinker
Road Safety and Air Quality around schools – Diane Lee
Food Access – Christus Ferneyhough
- 5 Procurement and Financial Update (Sac.14.02.2020/5) *(Pages 45 - 60)*

To: Chair and Members of South Area Council:-

Councillors Daniel Griffin (Chair), Andrews BEM, Eastwood, Franklin, Frost, Lamb, Markham, Saunders, Shepherd, Smith, Stowe and Sumner

Area Council Support Officers:

Diane Lee, South Area Council Senior Management Link Officer
Lisa Lyon, South Area Council Manager
Rachel Payling, Head of Service, Stronger Communities
Peter Mirfin, Council Governance Officer

Please contact Peter Mirfin on email governance@barnsley.gov.uk
Thursday, 6 February 2020

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MEETING:	South Area Council
DATE:	Friday, 17 January 2020
TIME:	10.00 am
VENUE:	Meeting Room, The Hoyland Centre

MINUTES

Present Councillors Daniel Griffin (Chair), Andrews BEM, Eastwood, Franklin, Lamb, Markham, Saunders, Shepherd, Smith, Stowe and Sumner

27 Declarations of Pecuniary and Non-Pecuniary Interests

No Member wished to declare an interest in any item on the agenda.

28 Minutes of the Meeting of South Area Council held on 25th October, 2019 (Sac.17.01.2020/2)

The meeting considered the minutes of South Area Council held on 29th October, 2019.

RESOLVED that the minutes of the South Area Council held on 29th October, 2019 be approved as a true and correct record.

29 Notes of the Ward Alliances (Sac.17.01.2020/3)

The meeting received the notes from the following Ward Alliances:- Hoyland Milton and Rockingham held on 6th November, 2019; Wombwell held on 18th November, 2019; and Darfield Ward Alliance held on 21st November, 2019.

RESOLVED that the notes from the Ward Alliances be received.

30 Report on the Use of Ward Alliance Funds (Sac.17.01.2020/4)

Members considered the allocations made from each of the Ward Alliance Funds in 2019/20 and the amounts remaining. It was noted that an additional £10,000 had been made available in the current financial year and this would be replicated for 2020/21. It was confirmed that the additional finance would not require match funding.

RESOLVED that the report be noted.

31 Performance Report Q2 (Sac.17.01.2020/5)

The item was introduced by the Area Council Manager who made Members aware that the report format had been updated slightly to reflect the targets included in a number of new contracts. Feedback on the revisions was invited from Members.

Those present were made aware that the performance of the Tidy Team contract had been rated as 'red'; this was due to the difficulties in recruiting apprentices. It was

noted that more recently there had been more success with two apprentices now recruited, which would result in the rating likely to be 'green' in the next quarter.

Age UK Barnsley had successfully completed their first quarter of delivery, and although there had been staff changes, this had not result negatively on performance. 114 individuals had been engaged, with 24 one-to-one interventions, with some individuals having complex needs.

With regards to volunteer car journeys, 2 volunteers had been engaged, but consideration was being given to whether there was the ability to scale up this activity in the area. Age UK colleagues felt that transport did impact on isolation, and evidence of this had been requested.

Figures of fixed penalty notices issued by District Enforcement were still as high as in the previous quarter, despite warnings being issued for parking on the approach to Christmas, with tickets only being issued for dangerous parking or those unwilling to move their cars. It was noted that District Enforcement had been successful in issuing high numbers of notices for dog fouling elsewhere in Barnsley. Members discussed the current focus of the commission on parking in the town centres of Hoyland and Wombwell. It was noted that decisions about the extension of the project would be required shortly, and this may be an opportune time to consider any changes to the contract. It was acknowledged that extra resource to cover additional geographical areas or include dog fouling may incur an additional cost.

In addition Members noted that some support could be available through Public Health to improve air quality around schools, and this could be part of a package of support to reduce issues around schools, which included parking.

RESOLVED:-

- (i) That the report be noted;
- (ii) That a future meeting of the Area Council considers the issues of environmental enforcement and car parking around schools, together with possible solutions.

32 Procurement and Financial Update (Sac.17.01.2020/6)

The Area Council Manager introduced the item, referring to the financial situation of the Area Council. £41,654 remained within the 2019/20 budget and £28,344 within that for 2020/21.

Within the Health and Wellbeing Fund budget, around £9,000 remained. Members considered whether to advertise the fund and invite a further round of applications, and a suggestion was made to use some of this finance to fund interventions proposed in minute 33. Whether further finance would be forthcoming from Public Health for 2020/21 was unclear, but the Senior Management Team Link Officer agreed to seek clarity.

Members discussed the income from Fixed Penalty Notices issued previously, which was in the region of £32,500. It was suggested that some of this could be utilised to provide or replace play equipment in the area.

RESOLVED:-

- (i)** That the report be received;
- (ii)** That the Senior Management Team Link Officer seeks clarity on whether further finance from Public Health is likely to be forthcoming;
- (iii)** That a future meeting of the Area Council considers a report on the use of Environmental Enforcement income for to improve play facilities in the South Area.

33 Public Health update (Sac.17.01.2020/7)

Alec Tinker, Senior Public Health Officer, was welcomed to the meeting to discuss physical activity and falls prevention.

Members noted that 30% of over 65s have a fall each year, with 50% over 80 having a fall. Falls cost the NHS £2.4bn a year. Rates of emergency hospital admissions due to falls in those over 65 was highest in the area, and excess winter deaths had increased in Barnsley, being higher than the rates seen regionally and nationally.

Members heard that approximately 9,100 residents of South Area were aged 65, which equated to approximately 3,000 people falling every year. Members noted that the mortality rate from preventable causes was also higher than the Barnsley and England rates.

Members acknowledged that physical activity reduced the rates of hip fractures, and helped to tackle broader issues such as loneliness and isolation, which itself had a wider impact on such as dementia.

Those present heard that the Chief Medical Officer suggested older people undertake strength and balance exercises on at least two days a week.

Members noted provision already in the area, and the intentions of the CCG and Local Authority to provide more in the future. Also noted was the current process for falls assessment and treatment.

Those present considered a range of options for improving provision in the area, and the outcomes expected from these. Included were 'Move it or Lose it', Tai Chi, and seated exercise classes.

The suggested option was to provide a combination of 'Move it or Lose It', and the Functional Fitness MOT. The former provided would provide fun exercise with a view to improving flexibility, balance, strength and aerobic capacity, with the latter training individuals to provide mobility assessments and signpost to activities that improve strength and balance.

Members also considered ways to procure provision, which included the possibilities of going out to tender and also through establishing a grant scheme.

Whilst Members were supportive of interventions, questions were raised about whether economies of scale could be realised if other Area Councils were interested in providing a similar service. Also discussed was the potential of funding being provided through organisations such as the NHS or care homes, which would benefit

financially from such interventions. Councillor Lamb agreed to broach this issue with partners in his position as Chair of the Stronger Communities Partnership and the Senior Management Team Link Officer also agreed to broach this with colleagues in partner agencies.

Questions were raised as to whether the issue of falls was more prevalent within the community or with care homes within the area, and it was agreed to seek any data on this.

Following discussion, Members suggested that the Functional Fitness MOT training, at a cost of £1,200 to train 24 individuals, be approved. It was also suggested that the provision of further interventions be discussed at a future meeting of the Area Council once information on the potential contribution from partners, and potential for economies of scale were known.

Members noted the work as part of Smoke Free Hoyland had progressed quickly with fantastic engagement and research showing 97% of adults were not smoking within the town centre. A launch event would be organised in due course. Members wished to place on record their thanks for the work of Kaye Mann in implementing Smoke Free projects in Barnsley.

RESOLVED:-

- (i) That the report be received;
- (ii) That £1,200 be approved for the Functional Fitness MOT training be provided in order to train 24 individuals;
- (iii) That Councillor Lamb, as Chair of the Stronger Communities Partnership, and the Senior Management Team Link Officer broach the issue of contributing financially to any provision to reduce falls and improve strength and balance with colleagues in partner agencies;
- (iv) That a future meeting of the Area Council considers the issue of reducing falls through improving strength and balance in light of further information.

Chair

Notes from Hoyland Milton and Rockingham Joint Ward Alliance Meeting

Wednesday 8th January 2020

Hoyland Lift Building at 5:00pm

PRESENT	
Councillor Robin Franklin	Hoyland Milton Ward
Councillor Tim Shepherd	Hoyland Milton Ward
Councillor Mick Stowe (Chair at the meeting)	Hoyland Milton Ward
Councillor Nicola Sumner	Rockingham Ward
Joy Hart	
Peter Latham	
Allan Wood	Owd Martha's Yard Community Garden
Ian Warhurst	Hemingfield Action Group
Patricia Gregory	Walderslade Surgery
Leanne Cook	Berneslai Homes
Anne Sanderson	Neighbourhood Watch
Janet Cartright	Friends of Elsecar Park
Dawn Grayton	Barnsley Council, South Area Team
APOLOGIES	
Councillor Jim Andrews	Rockingham Ward
Councillor Chris Lamb	Rockingham Ward
Neil Spencer	Forge Community Partnership
Joan Whittaker	

1. Welcomes and Introductions.

No new introductions made and everyone welcomed to the meeting.

2. Tidy Team update

No update given.

3. Promotion of Ward Alliance Spending

Update on Stars of Hoyland – all done and complete

Update on Christmas in Hoyland – some money to come back to the pot

Future expenditure of Ward Alliance money. This discussion was adjourned until the next meeting

4. **New projects**

Rockingham Colliery Cricket Club – Allowed

Friendship Group – Allowed £450.00

5. **Any other business**

Hanging baskets – progress report in the next meeting regarding fund raising towards the costs

6. **Date of next meeting Wednesday 4th March 2020 at the Hoyland Centre at 5pm**

Darfield Ward Alliance
Notes of meeting held Thursday 16th January 2020
2:30pm at Barnsley Town Hall

Present: Cllr Caroline Saunders (Chair), Cllr Trevor Smith, Brian Moore, Michael Fenna, David Hildred, John Davies, Tanya Dickinson (Community Development Officer)

Observing: Barbara Moore

1. Introductions and Apologies

Apologies received from Cllr Pauline Markham, Barbara Tindle, Margaret Barlow and Nicola Farrar.

2. Minutes of last meeting and matters arising

The previous minutes were agreed. There were no matters arising.

3. Ward Alliance Fund

Balance – Overall there is a balance of £9,151 of Ward Alliance funding which includes the additional funding awarded to the Ward Alliance back in November 2019.

Applications for ratification:

Volunteer Training Programme 2020 (Darfield Ward Alliance) for £2090 - ratified.

Applications for consideration:

No applications had been received for consideration at this meeting.

4. Additional Ward Alliance Funding

The above amount of £9,151 Ward Alliance funding includes a balance of £7910 from the additional funding awarded to the Alliance in November 2019. A decision needs to be made on what projects this amount should be ring-fenced for.

As a starting point and at the November meeting a number of project ideas were shared to help the Alliance make this decision. Conversations that have since followed indicate there is strong support around the table for a project which helps address social isolation and that the preferred way of doing this is to develop a luncheon club in the area.

Points made around this included looking at transport and ensuring people have the means to get there, seeking advice from Wombwell Luncheon Club which is well established and runs very successfully, ensuring strong volunteer commitment is in place with a minimum of 6 volunteers signed up and that good consultation is a must to determine both the need and desire for such a group.

It was decided for some feasibility to be carried out ahead of the March meeting before making a final decision. If the need and volunteer support is there, then the Alliance will look to pursue this project idea using the additional funding. **Action: Tanya with support from available Ward Alliance members**

It was also decided that approx. £2.5K/£3K be ring fenced for further Healthy Holiday activities to continue to work towards helping support families who struggle to feed their children during the school holidays. It was noted however, that future delivery would need to focus more on reaching those families who would benefit from this activity rather than having the general reach it has in the past.

A number of other project ideas were discussed however, it was decided that the above 2 projects be prioritised.

5. Update on Ward Alliance Projects

Volunteer Training Programme 2020:

Brain Train – online learning package.

Members who are on email will have now received a login to this. Tanya will be arranging to meet with members individually to look at selecting a number of courses to help with their self-development and in line with the skills audit carried out last year. Provision still needs to be arranged for both Margaret and Brian. Full support is available with this online learning at the bi-monthly drop-ins being facilitated by the Digital Champions at the library. In terms of general take up of Brain Train no-one has yet registered and so this is something which we need to push over the coming weeks. **Actions: Caroline and Tanya**

Various training workshops.

Dates / venues are still being finalised for these which include social media, first aid, food safety, safeguarding and funding advice. Once finalised a programme will be drawn up and publicised. The first of these workshops is scheduled to take place in February.

Healthy Holidays:

The next lot of activities will take place during the February half term. Darfield Family Centre will be hosting a closed activity for families registered with them who are financially struggling and the South Area Team is looking at organising some area wide activity in partnership with Barnsley FC. Another Darfield activity is to be explored. **Action: Tanya**

Darfield Summer Gala:

It was agreed for planning to commence for a 2020 summer gala. Planning group to meet and start pulling together the funding application for submission at the March meeting. Volunteer input to be considered with a big push on getting more people involved. **Action: Pauline, John and Tanya**

6. 2020 Meeting Dates

The following dates were agreed for the 2020 meetings:

Thursday 19th March (Action Planning)

Thursday 21st May

Thursday 16th July

Thursday 17th September

Thursday 19th November

All meetings to be held at 4pm at Darfield Community Centre. **Action: Tanya to book the Centre**

7. Any other business

- Tanya asked if the Ward Alliance would be interested in purchasing a presentation cheque which could be used to help promote the Alliance and the funding support it offers to local groups / projects. The Alliance wanted to know how much this would cost before making a decision. **Action: Tanya**
- A community networking event for groups / individuals who look after a community green space is taking place on Wednesday 5th February, 4pm until 6pm at Billingley Village Hall.
- The question was asked when work on the Darfield Ring would be carried out to reduce the need for maintaining it. The latest update from Principle Towns is that work should be completed by the end of the May. Designs are being finalised with Highways.

8. Date and time of next meeting

Thursday 19th March, 4pm at Darfield Community Centre. This meeting will include looking at the Ward Alliance action plan for 2020/2021.

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Notes from Wombwell Ward Alliance meeting 20th January

1. **Present:** Cllr Frost, Cllr Eastwood, Sabeena Chavan, Karen Whiting, Chelsey Rigby, Leanne Cooke (Berneslai Homes): Amanda Bradshaw (BMBC) Michael Clegg (observing)
Leigh Buchanan and Katie Rockett (Guest speakers from BMBC Able & Better Homes Barnsley)
 2. **Apologies :** Margaret Morgan, Carmel Seston, Keith Seston
 3. Welcome from Vice-Chair and all round introductions for guest speakers and observer.
 4. Presentation from guest speakers from ABLE and Better homes Barnsley on their services. They informed the meeting how they work with partner organisations to support residents and tenants and provided a breakdown of the various help they can offer, e.g. advice & guidance re energy tariffs and how to switch, grants for first time gas central heating, help with support for gas/oil boilers, loft, floor and cavity wall installation. Discussions took place on eligibility and leaflets were passed around to WA members. AB reminded WA members of the Energy Switch event and Wellbeing event that was taking place at the library on Friday 24th January.
5. **Minutes last meeting /matters arising**
Minutes were accepted as a true record.
Matters arising: AB updated the group of her meeting with Dorothy Coates who again like the Youth Service recommended that junior youth project should be delivered by paid workers and not solely by volunteers. AB informed the meeting that she had emailed the head of the youth service to ascertain if they would be interested in the project but was still awaiting response. At this stage the WA members were asked if they still wanted to pursue the project and it was agreed to do so. Action: AB to continue to explore possible providers to deliver project.

Regarding the defibrillator for the High St; AB had been looking for a suitable location outside one of the shop fronts. Space in between the shops was limited. They were often hindered by down pipes. Action: AB to look into how much wall space was needed for installation of defibrillator and case.

The High St Christmas event went down very well. Electric lamp post motifs and tree lights look good. The lights have been stored at the Community Hub in Wombwell Cemetery; thanks were conveyed to the Cemetery group. It was agreed that the WA would try to build on this for next year.

6. Funding Applications - Friends of Wombwell Cemetery Approved £1,900 (Karen & Chelsey declared an interest and left the room)

Mitchels & Darfield Angling Club approved £740

7. New project ideas (additional £10,000) Youth project was discussed. Cllr Frost informed the group of the ARC project which is delivered by South Yorkshire Fire & Police. This project is aimed at those youngsters who are involved or at risk of becoming involved in anti-social behaviour. It was agreed for AB to find out more and bring it back to the next meeting.

8. A.O.B

The WA agreed to continue with the healthy holidays programme as it had been very successful in Wombwell. Community groups and volunteers are actively contributing to the delivery of events which are benefiting many low income families.

AB informed the group of her recent meeting with the parent support advisors in the local primary school to try to identify families in need and how WA funding can help to alleviate holiday hunger for those in crisis. Suggestions came forward of parcel of groceries /encouragement to partake of free healthy holiday activities. Further meeting has been arranged to discuss further. Actions: AB to report back to WA. LC (Berneslai Homes informed the group of their Youth Engagement Fund to support activities.

9. Date of next meeting

Monday 30th March 6pm at Wombwell Cemetery Community Hub

BARNSELY METROPOLITAN BOROUGH COUNCIL

**South Area Council Meeting:
Date: 14/02/2020**

**Report of Alec Tinker, Senior Public
Health Officer**

**South Area Council – Title: Follow up and plans for strength and balance
exercise**

1. Purpose of Report

- 1.1 This report answers questions posed by council members at the previous committee meeting on 17/01/2020.
- 1.2 Outlines plans to progress the recommended older people's physical activity programme for Barnsley South Area that improves strength and balance. The plans detailed in this report include costings, benefits and challenges of implementation.

2. Recommendations

- 2.1 **That Members note the information in this report**
- 2.2 **That if Members recommend progressing prevention work that Members approve a way forward based on the two options outlined at section 6.1 and nominate Members to sit on a working group.**
- 2.3 **That if supported Members agree a budget to progress the work.**

3. Current commissioned services

The Adult Joint Commissioning team (CCG/BMBC) currently commission the South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) to provide an integrated community falls clinic which is now part of the Neighbourhood Team. They perform comprehensive multifactorial falls assessments and provide 1:1 OTAGO exercise programmes in homes for people who have fallen.

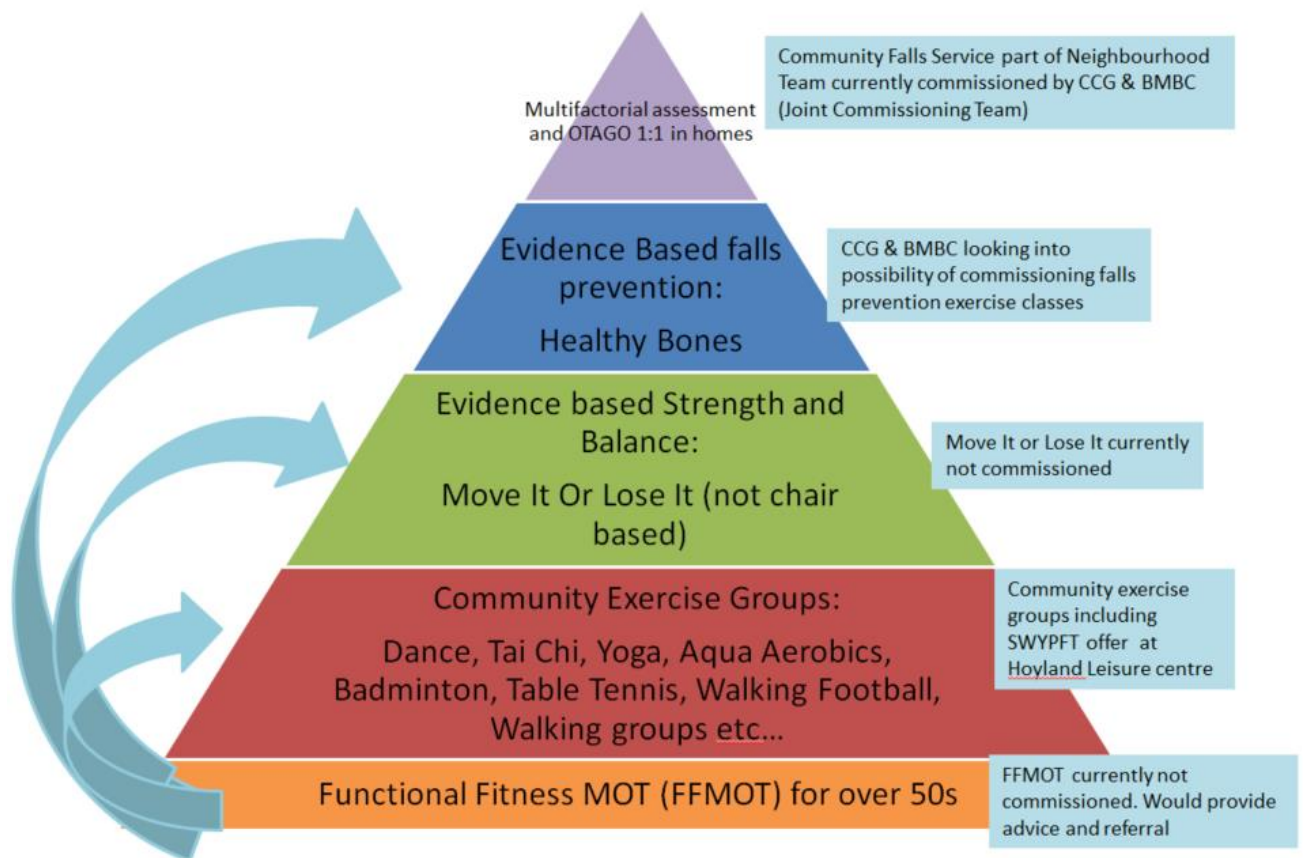
In the South Area SWYPFT facilitate various exercise groups at Hoyland Leisure Centre for older people including hydrotherapy and an exercise support group which is run by an NHS volunteer, and recommended by SWYPFT after physiotherapy.

The future Barnsley CCG and LA intention is to have a borough wide approach to falls prevention. We are currently working through the feasibility of primary and secondary falls prevention options to support clinical and social care pathways.

Falls prevention exercise classes recommended by the National Institute for Health and Care Excellence (NICE) are only currently provided in the South Area by a private provider called Healthy Bones.

3.3 Exercise pyramid

The diagram below illustrates the different levels of strength and balance interventions which could be available in South Area Council.



4. Invalidated falls data for 2018/19

The table below shows invalidated emergency admissions due to falls by over 65 years olds for the 2018/19 period. There are multiple reasons for the range of numbers of falls in each Area and in care homes.

Area Council	Total Number of falls	Falls in Care homes
Central Area	455	223
Dearne Area	130	46
North Area	318	111
North East Area	273	97
Penistone Area	133	22
South Area	310	117

5. Functional Fitness MOT Plan

What is the FFMOT?

Functional Fitness MOT (FFMOT) is a person centred tool that uses a number of different physical function assessments to give older people an idea of how their physical function compares to that of their peers. It provides an opportunity for early identification of those at risk of falling and to effectively signpost them into appropriate interventions to reduce their risk. It includes activities such as chair sit and reach, 30 second chair stand and handgrip strength.

Service Aims:

- Over 50s targeted for FFMOT
- FFMOT offered in community venues; e.g. leisure, libraries, workplaces, community and family centres
- Provide user friendly assessment feedback and advice on exercises to improve functionality
- Signpost to appropriate services; e.g. local physical activity opportunities, social prescribing, evidence based falls prevention exercises.

Service Outcomes:

- Upskilling physical activity instructors in the local area to assess functional fitness
- Identify early opportunities for individuals to improve fitness and mobility
- Improvement in individual functional fitness

Service Model:

The FFMOT is an initial assessment of function and mobility which informs an individual of their strengths and areas for improvement. The FFMOT alone does not prevent a fall or improve function, but as part of an integrated approach to frailty prevention it offers advice and guidance on how to self-care (exercises to do at home, local activity classes), or in the future may refer onto appropriate clinical/community services i.e. falls service, occupational therapist, physiotherapist (Neighbourhood Team).

Service Delivery:

24 physical activity instructors complete the Functional Fitness MOT (FFMOT) course. FFMOT will be delivered to people over 50+ in local community venues.

FFMOT takes approximately 45-60 minutes to complete. The FFMOT will include; assessment of function and mobility, advice on exercises to improve areas of weakness, and signposting to relevant services. Ideally a follow up FFMOT will take place 3 months after initial assessment.

One hour with one assessor = 2 -4people can be assessed, advised and signposted
One hour every week in every ward = 16 people assessed per week (one assessor)
“ “ “ = 80 people assessed per week (five assessors)
Pilot for 12 weeks = between 192 – 960 assessments can be completed.
Reassessments – evaluation of functional fitness at 10-12 weeks could be offered for 32 – 160 people.

Other assessments will be done by physical activity instructors during standard exercises classes in the community.

(Number of physical activity instructors needed per event will depend on venue size and expected number of attendees)

Referral Opportunities:

- NHS Health Checks provider Hallcross Medical could refer anyone over the age of 50 to FFMOT.
- Leisure providers could refer or offer the FFMOT
- GP referral or Neighbourhood Team referral
- Workplace occupational health referral

Communication:

- The 24 physical activity instructors publish the local FFMOT sessions
- Sessions are offered to workplaces
- FFMOT are provided at community events, e.g. health fairs
- Individual communication, leaflets and advice on exercise is clear and easy to FFMOT information will need to be shared if being provided as feedback to a referrer/as part of an onward referral/used for follow up assessment.

Implementation Timescales:

Pilot suggested in South Area

- | | |
|--|----------------|
| - Identify provider (24 physical activity instructors) | Feb 2020 |
| - Service level agreement with provider | March 2020 |
| - Training | March 2020 |
| - Communication plan and information leaflets | April 2020 |
| - Identify community venues | April 2020 |
| - Pathway referrals developed | April/May 2020 |
| - Commence FFMOT | May 2020 |
| - Pilot evaluation | August 2020 |

Measurable outcomes/outputs:

- Number of sessions delivered
- Number of attendees
- Number of onward referrals – to where?
- Number of people with expected functional fitness
- Number of people with areas for improvement
- Number of people given self-care exercises and local physical activity opportunities

Financial commitment:

Estimated cost of 12 week FFMOT pilot:

Training Course	£1,200 (24 candidates)
Training and assessment venue	Free
48 hours of assessor time	£480 (one assessor, 12 weeks, max 192 people)
240 hours of assessor time	£2400 (five assessors, 12 weeks, max 960 people)
Promotional flyers and adverts	£250
Exercise and advice leaflets	£0-250
Estimated total =	£1930 – 3850 (assuming no venue charge)

On-costs for sustainability could be absorbed by a provider who has received the training as part of the pilot. Alternatively on-costs would be £1440 - £7200 for a further 9 months. This would provide a total of between 768 – 3840 people assessed/reassessed of the South Area Council population of over 50s (currently South Area Council has a population of 9100 over 65s).

12 month project =£ 3,370 – £11,050

Advantages:

- Current workforce is up skilled. Physical activity volunteers and professionals will be able to deliver FFMOT.
- Providing the training workshop would create a knowledgeable workforce which is able to work with adults to prevent falls. It would form a universal primary prevention offer.
- Provides quality assurance for exercise groups
- Refers onto other services to support and maintain functional fitness – pathway

Disadvantages:

- As a standalone intervention it does not increase the physical activity, strength and balance is required to improve functional fitness. FFMOT only identifies a need and advises on short interventions.
- We do not currently have a commissioned service for people at risk of falls to be referred to.
- It is not specifically mentioned in the NICE guidelines for falls prevention.

6. **Strength and Balance / Move It Or Lose It Plan**

Service Model:

The service will train and provide level 2 fitness instructors to run classes in the community for people over 65 years old (112 people per instructor over 48 weeks a year).

Service Delivery:

One instructor will deliver a minimum of:

- 2 one hour classes a week for each individual.
- Class to include, physical activity (strength and balance based, and not chair led), information on exercises to do at home, and refreshments and chat post class (tea and biscuits option charge)
- 16 people per class
- 7 cohorts
- 48 weeks a year

Potential Referrals:

Physical activity instructors and volunteers who are trained to do FFMOT will be able to signpost people to Move It or Lose It classes.

Financial Commitment:

- Room hire per session: £15 an hour (UK average)
- Room hire total: £10,080
- Cost of training per instructor: £495 (inc VAT)
- Cost of equipment: £100 per instructor
- Move It or Lose IT offer bespoke insurance for an annual premium of £48.00 (exclusive to instructors in The Exercise Network) and £91.00.

Exercise instructor earning £10 an hour, 14 hours per week for 48 weeks of the year: £6,720

First year service total: £17,395

Following year: £16,800 (training and equipment would not need to be purchased)

However:

UK charge per class current range is from £3 to £6

If first month free and then charge £2 per class (because we want people to attend twice a week)

112 people attending 2 classes per week: £448

11 months potential income: £4,928

Advantages:

- Two classes per week will increase physical activity, improve strength and balance enabling people to achieve the Chief Medical Officer's 2019 physical activity guidelines for over 60s.
- Possibility to cut costs if free/cheaper room hire can be found.

- Possibility to generate income if a small charge is applied.
- Exercise instructors have a specific role to provide fun exercise classes, creating a supportive environment that improves health and wellbeing of older people.
- Encourage social interaction, reducing loneliness and social isolation.
- Bringing older people from the community into care homes to interact with care home residents, creating a greater sense of community.

Disadvantages:

- Not specifically mentioned in the NICE guidelines for falls prevention

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BARNSELY METROPOLITAN BOROUGH COUNCIL

Report Author: Christus Ferneyhough, Senior Public Health Officer

Reducing the number of underweight children in Barnsley South Area

Purpose

Following a recent (25th October 2019) presentation by Diane Lee (Head of Public Health) to the South Area Council that focussed on public health data for the Borough and South Area specifically, it was identified that underweight children and food access in general were of particular concern to Members and that information on current provision and interventions to improve this needed to be explored. Consequently, this paper identifies several possible approaches, outlining the outcomes, costs, and any actions required of Members and the South Area Team. This paper will be accompanied by a short presentation delivered by the author of this paper at the next South Area Council meeting on 14th February 2020.

Context

The most recent published figures for underweight children show that Barnsley has significantly higher rates of underweight children (1.9%) at reception (age 4-5) compared to national and regional averages (1% and 0.9% respectively). This data is derived from the National Child Measurement Programme (NCMP) which measures the height and weight of over one-million children aged 4-5 and 10-11 years each year in primary schools in England. The data is used to monitor prevalence of underweight, healthy weight, overweight, obesity and severe obesity for children in Reception (age 4-5 years) and Year 6 (age 10-11 years).

Although this is concerning and action needs to be taken, it should be considered and understood that caveats apply. Firstly, 1.9% of the reception pupils being underweight in Barnsley equates to 51 children spread throughout the 77 primary schools and six areas across the Borough. Aggregated data across the last 5 years shows that across the South Area there have been 31 underweight children measured at reception and 35 at year 6, both of which are not significantly different to the Barnsley average. A further breakdown will be presented during the meeting on 14/02/20.

Secondly, there is the possibility that some children whose BMI falls into the underweight category either simply reflect a small build or are measured in the NCMP just before a growth spurt. These caveats do not justify the rates; rather they serve to add clarity to the scale of the problem.

It should also be noted that the prevalence of underweight children across year 6 (age 10-11) pupils in Barnsley is not statistically higher than regional and national averages. Moreover, levels of obesity remain a concern with 21.3% of reception pupils and 34.9% of year 6 pupils being overweight or obese. This emphasises the

importance of a healthy, balanced, portion-controlled diet to help children maintain a healthy weight and optimal health throughout their development.

Access to nutritious and diverse food is vitally important at all stages of life. Although the context above and possible approaches below are somewhat focussed on children, provision to improve food access generally will be considered and included below.

It is also worth mentioning that the Barnsley Good Food Steering Group met for the first time on 31.01.20. The steering group will inform the not for profit Good Food Barnsley Community Interest Company to continue the vision of building a better Barnsley where everyone has the right to the food they need to thrive. This steering group is made up of various organisations and individuals which advises the board on matters and engages stakeholders and partners. Public Health is represented in the group by Christus Ferneyhough. During this first meeting it was noted that FareShare Yorkshire (based in Wombwell) will soon be opening an industrial kitchen which may be suitable to host community cook and eat sessions amongst other events to improve food access. The steering group will meet again in March to agree initial priorities and progress actions.

Possible Approaches

Food Banks

<p>What it is:</p>	<p>Foodbanks in Barnsley offer emergency food to people in crisis. There are ten commissioned food banks in Barnsley, three of which are in South Area:</p> <p>WOMBELL (Mon 11:30-13:30) Salvation Army 21 Park St Wombwell S73 0HQ</p> <p>DARFIELD (Tues 09:30-10:30) Wesley Methodist Church Barnsley Road Darfield S73 9PB</p> <p>HOYLAND (Thurs 10:30-12:00) Central Street Hoyland Common Barnsley S74 0FG</p>
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How it works:	<p>To benefit from the food banks, people need to be referred to the service by a professional working with them (e.g. Health Visitor) that has identified that they need support from a food bank. The processes are summarised below;</p> <p>Food is donated</p> <p>Schools, churches, businesses and individuals donate non-perishable, in-date food to a foodbank. Large collections often take place as part of Harvest Festival celebrations and food is also collected at supermarkets.</p> <p>Food is sorted and stored</p> <p>Volunteers sort food to check that it's in date and pack it into boxes ready to be given to people in need.</p> <p>Professionals identify people in need</p> <p>Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a voucher.</p> <p>Clients receive food</p> <p>Foodbank clients bring their voucher to a foodbank centre where it can be redeemed for (typically) three days' emergency food. Volunteers meet clients over a warm drink or free hot meal and can signpost people to agencies able to solve the longer-term problem (e.g. unemployment).</p>
Outcomes:	<ul style="list-style-type: none"> • Clients typically get 3 days' worth of nutritionally balanced food to feed their family • Clients can access help and support to resolve the underlying issue
Cost:	Donation (money or provision)
Action for members:	<p>Discourage the donation of infant formula to food banks and promote breastfeeding. this is due to concerns for the safety of the baby; there is an array of different products on the market and getting the right one from a food bank cannot be guaranteed</p> <p>Raise awareness on what foods people can donate and where to make donations</p>

Company Shop and Community Shop

<p>What it is:</p>	<p>Company Shop Company shop sells high quality branded food and household products, but at heavily discounted prices. Shoppers need to become a member and must be one of the following:</p> <ul style="list-style-type: none"> • Employees who work in the FMCG food supply chain. • NHS (including volunteers, students, GP Practices & NHS Dentists) • Police Officers (including special Police Officers) • Fire Service Staff • Those in receipt of a qualifying pension from the groups above <p>Wentworth 01226 747 121 Company Shop, Wentworth Way, Wentworth Industrial Estate, Tankersley, Barnsley, Yorkshire, S75 3DH</p> <p>Community Shop Company Shop funds Community Shops, which are for people who live in or around the area and are on means tested benefits (e.g. housing benefits).</p> <p>Shoppers gain access to high quality food, drink and household products from well-known brands at deeply discounted prices.</p> <p>The money made by the store helps to provide various services such as advice on debt, employment, and home budgeting</p> <p>Community shops also host community cook and eat sessions</p> <p>Goldthorpe 01709 892146 Community Shop Goldthorpe, 40-42 Barnsley Road, Goldthorpe, Rotherham, South Yorkshire, S63 9NE</p> <p>Athersley 07900 646 168 Community Shop Athersley, Lindhurst Road, Athersley North, Barnsley, S71 3DQ</p>
<p>How it works:</p>	<p>Online application for Company Shop membership: https://www.companyshopgroup.co.uk/apply-for-membership/company-shop</p> <p>Community shop locations can be accessed by simply visiting or calling the nearest shop</p>
<p>Outcomes:</p>	<ul style="list-style-type: none"> • Improved access to good quality highly affordable food • Reduced food waste
<p>Cost:</p>	<p>N/A</p>
<p>Action for members:</p>	<p>Raise awareness of the option, especially amongst those who work for public services</p>

Universal and means tested free school meals

What it is:	A free hot meal for pupils at school, 5 days per week.
How it works:	<p>All school children in reception, year 1 and year 2 are eligible for free school meals</p> <p>From year 3, a child will qualify for free school meals if they're in full-time education and the parents/guardians receive one of the following benefits:</p> <ul style="list-style-type: none"> • income support • income based job seekers allowance • income related employment and support allowance • guarantee element of state pension credit • child tax credit with no working tax credit and have an income as assessed by the Inland Revenue that does not exceed £16,190 (subject to change annually) • support under Part 1V of the Immigration and Asylum Act 1999 • Universal Credit - if you apply on or after 1 April 2018 household income must be less than £7,400 a year (after tax and not including any benefits you receive) <p>To access means-tested free school meals from year 3, a parent/guardian must complete an application form (https://barnsley-online.victoriaforms.com/Viewer-VicForms.asp?user=anon&Form=Free%20School%20Meals%20(1.0).wdf)</p> <p>Not all eligible parents/carers are taking up the offer of free school meals for their children. Only 18.3% of Barnsley primary school pupils are known to be eligible for and claiming free school meals.</p>
Outcomes:	<ul style="list-style-type: none"> • All children have access to well-balanced nutritious meals at school • Improve concentration in lessons • Children don't go hungry at school • Parents/carers save money
Cost:	N/A
Action for members:	<p>Promote and raise awareness that pupils may be eligible for free school meals</p> <p>Provide information and encourage parents to check their eligibility</p> <p>Break down any stigma towards free school meals</p> <p>If a Councillor is a School Governor, use this influence to promote the above opportunities.</p>

Lunch Box Toolkit and Lunch Box Policy

<p>What it is:</p>	<p>The Lunch Box Toolkit is a free resource produced by Public Health to help parents ensure that their child’s lunchbox contains a tasty, well-balanced meal to keep them focussed and ready to learn whilst maintaining healthy weight and overall health.</p> <p>The (draft) Lunch Box Policy is a more comprehensive guidance document that schools can adhere to and share with parents and guardians. There is increasing concern that many children are consuming too much sugar, fat and salt and too little fibre, fruit and vegetables. Packed lunches can contribute to almost a third of a child’s weekly food intake and therefore need to be balanced and nutritious. The policy acts as the school’s way of taking responsibility for improving children’s health through ensuring that packed lunches brought in from home follow the policy guidance which is based on the government’s School Food Standards.</p> <p>See Appendix 1 – Lunch Box Policy Appendix 2 Packed Lunch Poster</p>
<p>How it works:</p>	<p>The toolkit is visual and easy to understand. It provides information on recommended portions from each of the 4 main food groups and gives various examples and ideas of what to include and what to limit.</p> <p>The policy works by providing a list of responsibilities for the school, governors, parents and carers alongside guidance on what a packed lunch should and should not include. In addition, the policy provides guidance on communication and monitoring of policy adherence. For the policy to have maximum effect, it requires whole school approach, with full support on all fronts.</p>
<p>Outcomes:</p>	<ul style="list-style-type: none"> • All pupils who bring a packed lunch will be equally nourished as those who have a school meal. Packed lunches face the same scrutiny and receive the same guidance as school catered lunches • Staff, parents/carers, and pupils will be educated on the importance of good nutrition
<p>Cost:</p>	<p>N/A</p>
<p>Action for members:</p>	<p>Engage with schools and encourage headmasters to implement the policy Identify a school in the South area that may be willing to pilot the policy or to simply consult with for feedback and suggestions</p>

Magic Breakfast (and other breakfast clubs)

<p>What it is:</p>	<p>Magic Breakfast, funded through funds from the sugar tax, is a registered charity tackling child hunger where it is a barrier to education in UK schools. The charity provides free, healthy breakfasts and expert support to schools where children arrive in the morning too hungry to learn.</p> <p>To receive support from Magic Breakfast, an application form must be submitted for review. For a school in England to be eligible, at least 35% of pupils should be recorded as eligible for Pupil Premium. Not all eligible schools will receive support; a panel decide which schools are successful, depending on their chosen priorities.</p> <p>Once applications are assessed, and funding is available, selected schools are met to ensure they are suitable and then offered two years free provision where they pay nothing and can order as much food as they need for their provision.</p> <p>Towards the end of this period, the school is met with to look at moving them over to the membership model where depending on their pupil numbers they will pay between £500- £1500 per year to continue receiving as much food as they need.</p> <p>Schools that are not eligible or are unsuccessful in their initial application can still access the membership offer.</p>
<p>How it works:</p>	<p>Magic Breakfast works with schools on an individual level. They aim to get a really good understanding of the school, it's children and it's local community. The optimum breakfast provision ensures that every child can access a healthy breakfast, without barrier or stigma, but the way this is done can look very different from one school to the next.</p> <p>Magic Breakfast can then offer food, resources and support. If a breakfast provision is already in place, they may suggest ways in which it could expand its reach, overcome challenges, or add even more value to the provision.</p> <p>Over the following months and years, Magic Breakfast will then work with the school in a tailored way, according to need and how the breakfast provision develops. They will also offer support with measuring impact, strategies to bring in difficult to reach children, building nurture, engaging parents, and more.</p>
<p>Outcomes:</p>	<ul style="list-style-type: none"> • No children starting the school day without having any breakfast • Every pupil has the right fuel for learning
<p>Cost:</p>	<ul style="list-style-type: none"> • Cost incurred is paid by the school(s). Schools can choose how they

	<p>facilitate Magic Breakfast which determines cost (e.g. extra staff). The cost of milk and spreads is paid by the school, but Magic Breakfast provide porridge, wholegrain cereals, wholemeal bagels, unsweetened juice, and no added sugar baked beans.</p> <ul style="list-style-type: none"> • Membership subscription fees for target schools (that are unsuccessful with initial bids to Magic Breakfast)
Action for members:	<ul style="list-style-type: none"> • Promote and raise awareness of Magic Breakfast and/or the benefit of school breakfast clubs • Approach and encourage schools in the South Area that have previously been contacted by Magic Breakfast but have never responded. These schools are; Birdwell Primary, Greenfield, Upperwood, Wombwell Park Street, and Hunningley • Contact schools in the South Area to conduct an audit of which schools have a breakfast club provision. Public Health can then support to map these schools against levels of underweight pupils. • Potentially fund the membership subscription to the schools who do not receive free provision or fund alternative breakfast clubs separate to Magic Breakfast • Work to reduce any stigma attached to breakfast clubs whilst promoting the numerous benefits such as; free nutritious breakfasts so that children can focus and are ready to learn and ensuring good attendance rates. Refer to Cost of Hunger document: Appendix 3

Recommendations

1. Members to consider which options to pursue and which actions to take in order to raise awareness of food access provision and to help increase the number of healthy weight children in Barnsley South Area
2. Members to use their influence and networks to encourage schools to engage and promote free school meals to parents/carers and pupils
3. Identify primary schools in South Area that are willing to pilot the Lunch Box Policy

Officer Contact:

Christus Ferneyhough

Senior Public Health Officer

Core Public Health Directorate

Barnsley MBC/NHS Barnsley CCG

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Email: christusferneyhough@barnsley.gov.uk Twitter: @ChristusF

Postal address: Westgate Plaza, Barnsley, S70 9FH

[Insert school name]

Insert school logo

Lunch Box Policy



Ratified by the Governing Body :[insert date]

Signed: Headteacher

Signed: Chair of Governors

Next review date: January 2022

[Insert name of school] – Healthy Lunch Box Policy
We are committed to children’s health and wellbeing

Introduction

To grow, stay healthy and concentrate at school, children need to eat a nutritionally well balanced diet. Eating a range of healthy foods can help to prevent a variety of health problems, both in the short term and later in life. There is increasing concern that many children are consuming too much sugar, fat and salt and too little fibre, fruit and vegetables. Packed lunches can contribute to almost a third of a child’s weekly food intake and therefore need to be balanced and nutritious.

Our Aims

1. To ensure that packed lunches (brought in from home) reflect the standards for school meals.
2. To ensure that packed lunches provide children with the energy and fuel to concentrate and flourish at school.
3. To help children develop an understanding of healthy eating.

Rationale

All food provided at school is governed by law, through the School Food Standards. These government standards are intended to help children develop healthy eating habits and ensure the energy and nutrition they need across the day. The standards apply to all food and drinks provided at school such as breakfast clubs, school dinners and afterschool clubs. It is therefore important to have comparable policy guidance for packed lunches brought in from home. Based on the government’s School Food Standards, packed lunches brought in from home should follow the policy guidance.

By introducing our lunch box policy, this is the school’s way of taking responsibility for improving children’s health, such as increasing the number of children of a healthy weight and decreasing the number of children with tooth decay. The positive consequences from introducing this policy should also ensure high attendance levels for all pupils, through good health.

Responsibilities

The school, governors, parents and carers have a responsibility to ensure children are provided with an enjoyable, filling and healthy lunch.

Our school will:

- Educate all children on what constitutes a healthy lifestyle and why this is important.
- Provide suitable storage for packed lunch boxes.
- Provide a dining environment that is appropriate, hygienic and attractive with adequate seating and space to eat.
- Provide fresh drinking water at all times.
- Ensure staff supervising pupils eating food from home are aware of school policy and hygiene procedures.
- Regularly communicate with parents/carers and staff the expectations on the school lunch box policy.

Parents/Carers are asked to:

- Follow the schools lunch box policy, please see below
- Notify the school of any allergies or special diets

[insert school name] lunch box policy

Things that are recommended for a healthy lunch box:

- Base a packed lunch around a starchy food – such as a sandwich, pasta, a roll, wrap, pitta or bagel.
- Include at least one portion of vegetables or salad. A child's portion is between 40-60 grams. For example cucumber or carrot sticks or 2 ½ cups of salad(remember to aim for 5 portions of fruit and vegetables throughout the day)
- Include at least one portion of fruit. For example, an apple, banana, 10-15 grapes or strawberries or one tablespoon of raisins.
- Include a dairy food such as milk, cheese, yoghurt, or fromage frais
- Include a source of protein such as meat, fish, chicken or non-dairy vegetarian sources such as eggs, beans, lentils or quorn, products

Helpful tip: a portion is the amount of food that fits into the palm of your child's hand.

Suitable Drinks:

- Plain water (still)
- Milk
- Pure fruit or vegetable juice
- No added sugar squash (at least 45% fruit recommended)

At [insert name of school] we would like our pupil's to have healthy, balanced lunch boxes so we ask that you avoid;

- Chocolate coated biscuits apart from as a Friday treat: instead swap to sugar free jelly, plain popcorn, malt loaf or fruit cake on other days of the week.
- Items such as cooked sausages, sausage rolls, chipolatas, corned meat, individual meat pies as these are high in fats and salts.
- Crisps apart from as a Friday treat: swap crisps for savoury crackers, breadsticks, and seeds on other days on the week.

Packed lunches should **not** include:

- Leftovers from the previous day's take-away/hot food (due to health and safety guidelines).
- Fizzy drinks, drinks with added sugar or sweeteners.
- Confectionary (sweets or bars of chocolate) (this is in line with the School Food Standards)
- No nuts, or food that contains nuts (this is to protect children with nut allergies).

Special diets and allergies

The foods and drinks included in the policy guidance will be suitable for most therapeutic diets. However any pupils following a specific diet devised by a health professional must adhere to it. For these reasons pupils are also not permitted to swap food items. If any issues arise staff will consult parent/carers or relevant health professionals for advice.

Fussy eating is common in young children. Sometimes it might be certain types of food; other times it might seem like they hardly want to eat at all. This can feel like a real challenge, but most children given the right conditions and support, will get through it in the end. The school will not force any children to eat, instead we will try to create an environment where the child feels comfortable with what they are eating before encouraging them to try different foods/eat more. Please contact school if you would like to discuss your child's fussy eating.

Communication

[school to edit as appropriate]

We want to work with parents/carers to help educate our children about healthy dietary choices so that they can make their own informed choices independently when they are older. We have the best interests of the children at heart.

There will be ongoing promotion of the need to provide healthy packed lunches through:

- Pupil, parent / carers newsletters
- School prospectus and website
- Curriculum content
- Health weeks / healthy eating activities
- Parents evenings / parent consultations
- Reward schemes
- Workshops for parents
- School Council

Monitoring

At no time will a child be made to feel ashamed of their lunchbox contents. However, we may send parents a reminder of this policy if lunchbox contents regularly fall short of the expectations in this policy.

[school to decide on this]

School will conduct random checks on lunch boxes to ensure the guidance is being followed. A school dinner will be given to children if the school believes the lunch box is inappropriate.

Children will not be challenged over lunch boxes containing such items. Instead, children who do observe this guidance will be praised and rewarded. Healthy Eating Award Prizes will include: rubbers, pencils, colouring pens etc. and commendations in assemblies. **[school to decide prizes]**

Universal Free School Meal

All infant age pupils (Reception/Years 1 and 2) are entitled to receive a free school meal. Your infant children will automatically receive a free school meal, unless you notify us otherwise.

Your child, regardless of age will qualify for free school meals if they're in full-time education and you receive one of the following benefits:

- income support
- income based job seekers allowance
- income related employment and support allowance
- guarantee element of state pension credit
- child tax credit with no working tax credit and have an income as assessed by the Inland Revenue that does not exceed £16,190 (subject to change annually)
- support under Part 1V of the Immigration and Asylum Act 1999
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you receive)

For more information please see the Government website.

<https://www.gov.uk/apply-free-school-meals>

Date for review

January 2022

Appendix A

Letter parents/ carers

Appendix B

Lunch box tool kit

DRAFT

BARNSELEY'S PACKED LUNCH TOOLKIT

By choosing the recommended portions from each of the 4 main food groups will ensure your child has a tasty, well-balanced packed lunch to keep them focussed and maximise their learning.

5-11 YEARS

DAIRY & DAIRY FREE ALTERNATIVES

Choose 1 portion

- Small glass = 150ml semi skimmed milk or dairy free alternative (with added calcium & unsweetened)
- 1 small pot of yogurt or unsweetened custard
- Match box size (30g) of cheese



Contains calcium that helps to keep teeth and bones healthy

CARBOHYDRATES

Choose 1 portion

- 1-2 slices of bread
- Small bread roll
- Pitta bread
- 1 dinner plate sized wrap
- 2-3 tablespoons rice, pasta or other grains
- 2 egg sized potatoes



Provides lots of energy

FRUIT & VEGETABLES

Contains vitamins & minerals which are needed for good health

- Apple
- Banana
- Pear
- Strawberries
- Carrot sticks
- Tomatoes
- Peppers



A portion is a medium sized piece of fruit, or a child's handful of chopped fruit or veg

PROTEIN

Needed for growth & repair of muscles

Choose 1 portion

- Eggs
- Poultry: chicken or turkey
- Lean meat: beef, pork or lamb.
- Fish: salmon, tuna or sardines
- Non-meat protein: houmous, lentils, beans or pulses



A portion is the size of your child's palm

- 1 Choose a main course: which contains 1 portion of carbohydrate and 1 portion of protein, use ideas from above.
- 2 Add some salad or vegetables: using frozen veg or cooking extra the night before are quick and cost effective options.
- 3 Add a little something else: Fruit, yoghurt, low sugar jelly, rice cakes, malt loaf or plain popcorn are healthy options.

HEALTHY DRINKS

1. Remember to pack a drink. Tap water is the cheapest way to keep your child hydrated. Other alternatives that are healthy & less damaging to teeth are low fat milk or sugar free fruit squash.
2. Fruit juice is another option and will count towards 1 of their 5 a day. Limit to 150ml a day due to the sugar content.

TASTY TRADES

1. Swap crisps for plain popcorn or plain rice cakes.
2. Swap the sweets, cakes, cereal bars and chocolate for fruit cake, malt loaf or fresh, tinned or frozen fruit.
3. Cut back on fat by using reduced fat spread, low fat yoghurt & cheese.
4. Swap white bread and pasta for brown versions to keep little tummies fuller for longer.



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The cost of hunger and the many benefits of breakfast.

It's easy to think of school breakfast as yet another cost that you have to cover. The cost of hunger, in contrast, is rarely considered. It doesn't appear on any budget sheet, but this doesn't make it any less real. Here we set out some of the hidden costs of hunger, in the light of all the evidence, so that a proper comparison can be made between the cost of tackling child hunger through breakfast provision, and the price of doing nothing.

The cost of hunger

Teaching time and quality

Just one child arriving in class hungry can impact the whole class. Two or more children and the effect compounds rapidly. Staff may lose teaching time dealing with the direct effects of hunger. Additionally, undetected hunger often leads to pervasive behavioural issues or children being unable to settle and concentrate, which can affect the whole class. That's quite a price to pay.

A recent randomised controlled trial compared similar schools with and without breakfast clubs (Education Endowment Foundation, 2016). It showed that children in primary schools with **breakfast clubs made on average 2 months additional progress within a year**, compared to children in schools with no breakfast provision. The most astonishing part is that the children who benefitted were not just those who ate breakfast at school! The most likely explanation for this is that in schools without breakfast, hungry and unsettled children affect the ability of the whole class to learn.

“We have realised the behaviour of certain children has dramatically improved. We now believe they were probably hungry.”

Headteacher, NSBP school



Consider the staff time and impact on teaching of:



comforting a hungry child, calming them when they are upset, irritable or complaining of tummy ache



dealing with behavioural issues such as anger or frustration, originating from feeling hungry



settling the rest of the class whilst dealing with the hungry child



re-engaging the class after time lost



sending the child out with a member of staff



finding food for pupils



reinforcing teaching points that the child has missed due to lack of concentration



spending additional time with a child to cover missed learning from the lesson, as a result of leaving the classroom to get something to eat



writing up incidents of hunger to child's profile notes



phoning home at the end of the day or speaking to parents about the incident

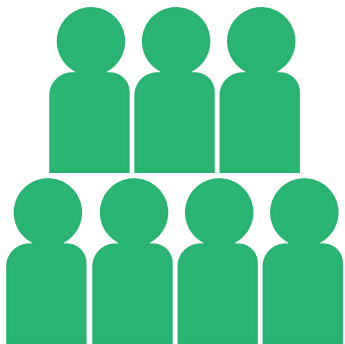
Adding up the cost

Suppose one class loses half an hour of staff time or lost lesson time every day due to a hungry child or the effect of a hungry child's behaviour on class, this adds up to nearly **three weeks of lost teaching** time a year, in one class!

Bearing in mind that this is likely to affect critical morning lessons, what would the impact of that be in your school?

What about the cost to the teacher's well being? Lost teaching time puts extra pressure on the teacher, and dealing with poor behaviour stemming from hunger takes a toll on their job satisfaction. A calm, settled class improves outcomes for everyone.

In purely financial terms, that's a waste of salary too



An average school with 7 classes



585 hours lost teaching per year



At an average of £25 per hour that would equate to a loss of £14,625 per year

A school breakfast can also provide **nurture for vulnerable children**, and **levels the playing field between disadvantaged and other children** in their start to the school day. It is an EEF/DfE supported Pupil Premium spend, and clear research evidence can be cited to support its use in **overcoming barriers to education for disadvantaged** children of all abilities – and for all children!

Think about the savings to other staff time, such as Learning Mentors, Teaching Assistants and Office Staff. Not only from dealing with hunger, but also related issues such as following up late incidents.

The cost to the child

Hungry children lose valuable learning time because they are unable to concentrate until they access food.

- If they finally get food at breaktime, that means that they have been **unable to concentrate** and therefore have not achieved at their potential for the crucial first two hours of the day – or 10 hours a week – therefore, they are potentially underperforming for 390 hours or 78 school days a year.
- If they have to wait until lunchtime, they may lose the whole morning – up to 3.5 hours a day, 17.5 hours per week, 682.5 hours or 137 school days a year.

No Breakfast

unable to concentrate during the crucial first two hours of the day

potentially underperforming for 390 hours or 78 school days a year.

Additionally, many children who say they do eat breakfast, actually eat poor quality food – such as biscuits, crisps or chocolate. They have a ‘sugar high’ followed by a bout of poor concentration or irritability, and then they have a desire for more sugar. The EEF study suggested that some of the benefits of school breakfast could be not only due to children who previously had no breakfast at all, but also by replacing high sugar food items with a healthy breakfast at school.

How much more could these children achieve if they regained this learning time?

What impact would that have on school attainment figures, and the cascade of benefits that brings?

A good, nutritious breakfast will prevent mood swings and will improve their academic concentration and behaviour on a daily basis.



On balance...

Compare the cost of hunger with the cost of breakfast, and you'll see providing breakfast is not only a rights respecting, wellbeing promise to your most vulnerable children, but it also makes excellent financial sense.



For your investment in food and staffing, your school can have the following major impacts:

- more teacher hours spent teaching
- more learner hours spent learning
- improved classroom environment for all children (not just the hungry ones)
- improved punctuality and attendance
- reduction in hunger related behavioural incidents – good for children and staff
- a 'happier' more settled school right from the bell.

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BARNSELY METROPOLITAN BOROUGH COUNCIL

South Area Council Meeting:
14th February 2020

Report of South Area Council Manager

South Area Council – Procurement and Financial Update

1. Purpose of Report

- 1.1 To provide a budget position regarding the remaining commissioning allocation and South Health and Wellbeing monies in order for Members to take a view on spend alongside the discussions at the meeting regarding the Strength training presentation and Access to food presentation from Public Health.
- 1.2 To provide costings and information for recommendation on the Kingdom contract income monies on parks play repairs and or replacement of equipment.
- 1.3 To provide information on a number of contracts which will be completing their first year of a one plus one-year contract and for Members to confirm the second year of contract.

2. Recommendations

- 2.1 **That Members note the budget position and the separate presentation from Public Health with a view to allocating funding to potential projects, commissioned services and / or the £9,062.49 South Health and Wellbeing Fund outlined at 3.3 and that Members delegate the responsibility to the Executive Director, Communities, for the formal approval of this funding.**
- 2.2 **That Members provide a steer for allocating the Kingdom contract income monies and that Members make a recommendation based on the information provided in section 4 of this report on play equipment repairs and replacement. That Members delegate the responsibility to the Executive Director, Communities, for the formal approval of the £32,523 Kingdom contract income.**
- 2.3 **That Members note the performance information in Appendices 1 and 2 and contract review information for contracts completing their first year. That Members recommend the continuation of the South Area Tidy Team, Environmental and Educational Services, £181,721, One Stop Shop Advice services, Citizens Advice Barnsley, £79,572 and Environmental enforcement Services, District Ltd, £14,955.96 for the second year.**
- 2.4 **Further to the recommendation to continue the Environmental Enforcement Service Members are asked to consider for recommendation the proposal at 3.12 to increase the existing contract by 4 hours from 18.5 hour to 22. 5 hours at a cost of £3,224 to provide flexibility within the contract to tackle dog fouling and littering. That Members delegate the responsibility to the Executive Director, Communities, for the approval of the £3,224.**

3. Budget position

2019/20 and 2020/ 2012 commissioning budget

- 3.1 South Area Council commissioning budget = **£68,797 (£40,454 + £28,344)**. This is taking into account the £1,200 approved at the South Area Council meeting on the 17th January 20 for the Functional Fitness MOT training to be provided in order to train 24 individuals.

Environmental enforcement income

- 3.2 In addition to the above income from the Kingdom Enforcement contract paid into the budget this financial year for previous years tickets = **£32,523**.

South Health and Wellbeing Fund

- 3.3 The total value of grants approved is £25,808. Public Health have agreed to their contribution being allocated in full with £937.51 of the Area Council funding making up the difference. **£9,062.49** remains in the South Area council budget.
- 3.4 At the South Area Council meeting on the 17th January 20, a suggestion was made to look at the remaining grant funding in order to deliver a grant scheme that supports the delivery of projects addressing strength and balance training as discussed and presented to the meeting. It was agreed that a further Public Health strength and training report be brought to this meeting and that a decision would be taken alongside the additional information to be presented.

4. Parks Play equipment repairs and replacement costings

- 4.1 Following the Area Council meeting on the 17th January 20 the following information and costings have been provided by Parks for consideration for funding from the **£32,523** Kingdom enforcement budget:

- Birdwell Rec - to replace the vandalised slide - £2822. In addition to this - to carry out a full TLC refurb on the existing play equipment = £9,915.13
To replace the street lighting columns - 6No = £9,000 (BMBC Street Lighting)
 - Milton Forge - refurbish DDA basket swing and install with safety surfacing = £4,744
 - Cloughfields - to refurbish double bay of swings, repaint, and provide new safety surfacing = £4,862
- Total cost = £31,343.13**

- 4.2 Members are asked to consider the costings and locations above and provide a steer on allocating £31,343.13 of the £32,523 for the repairs and replacements above.

5. Contract review

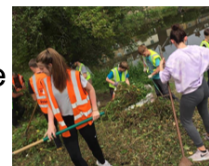
- 5.1 The South Area Council commission the following contracts at 5.2 which are subject to a one-year review of performance, continued need and funding. The contracts are all commissioned on a one year plus a further one-year basis with the second year being approved if the contract is meeting its targets, outcomes and milestones, if there is evidence of continued need and if the funding is still available.
- 5.2 Based on the satisfactory performance of the contracts identified below the South Area Council are being asked to agree the continuation of the Tidy Team, One Stop Shop Advice Services and Environmental enforcement service contract for a further year.

Contract name	Contract start date	Contract end date
Tidy Team Forge Community Partnership	01/04/2019 1 year +1 year	31/03/2021
One Stop Shop Advice services Citizens Advice Barnsley	01/07/2019 1 year + 1 year	30/06/2021
Environmental enforcement services District Ltd	01/04/2019 1year + 1 year	01/04/2021

South Area Tidy Team – Environmental and educational services

5.3 Background information:

- An education, volunteering and environmental service delivered in partnership with local residents, groups and businesses
- £181,721 per annum – 2 year contract
- Provision of local skills development, work experience and apprenticeship opportunities to strengthen the South Areas community skills base
- Encourage sustainable schemes whilst growing volunteering opportunities, new groups and new volunteers
- Support the development of community responsibility through ‘Love your street’, ‘Adopt a verge/ open space / planter, flower bed’ type schemes
- Reduce the amount of littering and dog fouling in through an educational and behavioural approach



volunteerwithtidyteam@gmail.com

Tel: 01226 749119

5.4 Appendix 1 shows the Milestones, targets and outcomes met by this contract for Quarters 1, 2 and 3. Performance to date:

- Variation to contract approved to reduce the number of young apprentices as the provider had not been able to recruit to contracted number of apprentices. The total number of apprentices has been reduced alongside the introduction of an adult apprentice post. These posts are now filled for this year.
- The number of work experience placements is currently not being met. The first year target is 20 and to date no placements have taken place.
- The provider had been unable to recruit to the position of education officer. Changes to the post have been agreed as part of the contract variation. An increase of hours and full-time working pattern to full time rather than term time. The hours to date have been picked up by staff internal to Forge Community Partnership. The post is expected to be filled from the 1st March 2020.
- The contract is meeting or exceeding all other targets.

5.5 The recommendation is that the Tidy Team contract continuation for a second year is agreed.

One Stop Shop Advice services - Citizens Advice Barnsley

5.6 Contract information:

- Welfare rights and generalist advisor.
- Provision for booked appointments for complex case work. The appointments are only bookable by the advisors when required.

5.7 Appendices 2 and 3 shows the milestones, targets and outcomes met by this contract for Quarters 2 and 3. Performance to date:

- 638 new clients seen since 1st July 2019.
- 418 clients have been informally assessed as being vulnerable.
- 275 clients have been assisted and enabled to self help or partially self help in order to reduce repeat demand
- Overall benefit gain = £1,562,639
- 29 cases of homelessness averted
- CAB sessions continue to be oversubscribed with more people at sessions than time available. The Hoyland centre and Wombwell library sessions continue to be the busiest.
- No publicity or targeting has been carried out to promote this contract as this may create capacity issues. There is a recognition that this may mean the service isn't reaching everyone in the community that could benefit from this support but a balance in terms of number of clients able to be seen must be managed.
- The contract continues to receive an excellent performance rating at contract meetings and no concerns have been raised regarding this service.

Need Advice?

If you live or work in the South Area you can access free, impartial and confidential advice.

Monday - The Hoyland Centre
3pm till 7pm (Welfare Rights and Generalist Adviser)

Tuesday - The Hoyland Centre
9am till 12.30pm (Generalist Adviser)
1pm till 4.30pm (Welfare Rights Adviser)

Wednesday - Darfield Family Centre, School Street
9am till 12.30pm (Generalist Adviser)
1pm till 4.30pm (Welfare Rights Adviser)

Thursday - Wombwell Library
9.30am till 12.30pm (Generalist Adviser)
1pm till 4.30pm (Welfare Rights Adviser)

Just drop-in! There's no need to make an appointment.

citizens advice

The Generalist Adviser can help you with consumer, debt, employment, housing and relationship issues.

The Welfare Rights Adviser can help with all aspects of claiming benefits and any issues you may have with council tax, housing benefit, state pensions, tax credit and Universal Credit.

5.8 The recommendation is that the One Stop Shop Advice Service contract continuation for a second year is agreed.

Environmental enforcement services – District Ltd

5.9 Contract information:

- Parking enforcement focused on Wombwell and Hoyland Town centre with some flexibility for Darfield.
- Powers to issue tickets for dog fouling and littering when witnessed as part of parking patrols.
- 0.5 officer.
- No targets set for ticket issuing. Aim of contract is to encourage behavioural changes and keep traffic flowing safely.
- Proactive provider with officers that have taken a proactive and educational approach. For example, working with Members to deliver the school parking patrols.
- 87% of contracted hours have been delivered which is against a contracted target of 85%.
- 24 Fixed Penalty notices for littering have been handed out and 354 Parking notices since April 2019.

South Area Council
Darfield, Hoyland Milton, Rockingham, Wombwell

THINK BEFORE YOU PARK

PARKING ENFORCEMENT OFFICERS ARE PATROLLING THIS AREA AND WILL BE ISSUING TICKETS FOR CARS PARKED ILLEGALLY OR DANGEROUSLY!

BARNESLEY
Metropolitan Borough Council

DISTRICT ENFORCEMENT
THE CAR PARKING SPECIALISTS

- 5.10 Following the Area Council meeting on the 17th January 20 the South Area Council Manager was requested to contact District Ltd with a view to looking at options for a variation to contract.
- 5.11 District Ltd have confirmed that they are unable to increase parking officer hours within their current staffing as they do not have capacity. An additional 0.5 officer would need to be recruited to. The current cost of the officer is £14,955.96.
- 5.12 Whilst parking hours cannot be increased District Ltd are able to increase the hours specifically to tackle dog fouling and littering. An increase of 4 hours from an 18.5 hour contract to 22. 5 hours would incur a cost of £3,224. This would free up the small amount of time currently spent on dog fouling and issuing to then focus on parking, potentially in areas outside Wombwell High street and Hoyland Town Centre.
- 5.13 The Central and North East Area Councils are recording an increased number of tickets being issued with District Ltd as the new provider and are reporting a very proactive approach by District Ltd staff using an intelligence led approach to target this problem. There has always been a recognition that targeting this issue is difficult, but the performance numbers reported below have increased significantly as part of the new contract. Since the start of the contract on the 1st April 2019 the following tickets have been issued:
- 81 in North East Area Council: 23 Cudworth, 7 Monk Bretton, 36 North East and 15 Royston (2 officers)
 - 79 in the Central Area Council: 23 Central, 9 Dodworth, 7 Kingston, 13 Stairfoot, 27 Worsbrough (1.5 officers)
 - 2 in the South Area Council: 1 Hoyland, 1 Wombwell (0.5 officer)
- 5.14 The recommendation is that the Environmental enforcement contract continuation for a second year is agreed. It is also recommended that Members consider agreeing the additional £3,224 quoted to increase the contract by 4 hours in order to focus on dog fouling and littering.

Officer Contact: Lisa Lyon, South Area Council Manager
Tel: 01226 355866

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TIDY TEAM - MILESTONES, OUTCOMES AND TARGETS APRIL 19 - MARCH 20

In partnership with the community (50% of activity) per annum	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Year 1 Totals	
	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Number of <u>ongoing</u> large environmental projects (Over 3 months or longer) being developed and delivered in partnership with local residents / groups (16 across 4 wards)	4	5	4	5	4	6	4		16	16
Number of <u>new</u> large environmental projects (Over 3 months or longer) being developed and delivered in partnership with local residents / groups (12 across 4 wards)	4	4	4	4	4	4	4		16	12
Litter picks completed in partnership with local people	30	45	30	32	30	13	30		120	90
Number of new small environmental projects (1/2 days work) delivered in partnership with local residents/community groups	4	7	4	4	4	2	4		16	13
Number of repeat small environmental projects (1 / 2 days work) delivered in partnership with local residents/community groups	4	4	4	4	4	5	4		16	13
Number of Community clean-ups delivered in partnership with local residents/community groups	1	22	1	19	1	14	1		4	55
Number of intergenerational/community cohesion projects delivered in partnership with the community	1	2	1	1	1	3	1		4	6
Number of 'Love your street' 'Adopt a verge/Green space planter/flower bed' 'incredible edible' and stewardship type schemes	2	2	2	2	2	4	2		8	8
Number of annual projects coordinated and supported (Tour de Yorkshire, Great British Spring Clean, Love Park, National Volunteering month etc) No target		1		2		0			0	3
Number of volunteers trained - 15% of total number of volunteers per quarter		73		297		145			0	515
Number of volunteer hours		1145		2243.5		988			0	4376.5
Number of new local businesses worked with (No Target set)		3		5		4			0	12
Number of new local businesses worked with and involved in delivering projects	3	3	3	3	3	4	3		12	10
Number of volunteer hours for new local businesses worked with and involved in delivering projects recorded	3	0	3	80.5	3	39	3		12	119.5
Number of existing local businesses worked with (No target set)		11		8		5			0	24
Number of existing local businesses worked with and involved in delivering projects.	10	12	10	8	10	4	10		40	24
Number of volunteer hours for existing local businesses worked with and involved in delivering projects	10	92.5	10	469.5	10	117.5	10		40	679.5
Number of new adult volunteers involved in 'Tidy Team' led social action projects	20	34	20	103	20	72	20		80	209
Number of hours new adult volunteers are involved in 'Tidy Team' led social action projects	20	83	20	326	20	199	20		80	608

Number of existing adult volunteers at Tidy Team led events / projects	100	87	100	84	100	56	100		400	227
Number of hours that existing adult volunteers are at Tidy Team led events	100	325	100	599	100	408	100		400	1332
Number of new volunteers under 16 involved in 'Tidy Team' led social action projects (Not school projects in school time)	5	39	5	113	5	55	5		20	207
Number of hours new volunteers under 16 involved in 'Tidy Team' led social action projects (Not school projects in school time)	5	49	5	300	5	88.5	5		20	437.5
Number of existing volunteers under 16 at Tidy Team events (Not school projects in school time)	10	11	10	34	10	2	10		40	47
Number hours of existing volunteers under 16 at Tidy Team events (Not school projects in school time)	10	96	10	113	10	18	10		40	227
Total number of volunteers at Tidy Team events (Totals of volunteers above)	135	171	135	334	135	213	135		540	718
Total number of hours of volunteers at Tidy Team events (Totals of hours above)	135	553	135	1338	135	907	135		540	2798
Number of new groups formed with on going support from Tidy Team	1	1	1	4	1	2	1		4	7
Number of community groups worked in partnership with to deliver events/projects	10	16	10	23	10	22	10		40	61
Number of community events/galas supported/festive events supported (No target set)		0		6		8			0	14
Number of steering group meetings facilitated	1	0	1	1	1	1	1		4	2
Promotional activity made available to area team (social media posts / posters / weekly programmes etc)	8	21	8	16	8	28	8		32	65
	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Year 1 Totals	
Outcome indicators - Reactive and / or work carried out without volunteers (30% of activity - no more than 30% of contracted hours) This is reactive work so no targets	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Targets	Actual
Number of reactive litter picks completed		121		104		112			0	337
Number of reactive litter picks completed total hours		302.5		260		224			0	786.5
Number of reactive clean ups completed		7		7		7			0	21
Number of reactive clean ups completed total hours		17.5		18		18.5			0	54
Number of areas of blight identified and targeted		2		7		3			0	12
Number of areas of blight identified and targeted total hours		5		17.5		21			0	43.5
Hedges/trimming/shrub maintenance/removal of dog fouling/site maintenance etc		36		47		32			0	115
Hedges/trimming/shrub maintenance/removal of dog fouling/site maintenance etc total hours		90		117.5		95			0	302.5

	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Year 1 Totals	
	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Targets	Actual
Educational Activities										
Number of projects developed and delivered with Primary schools (recycling / growing initiatives / horticultural projects)		6	2	6	2	3	2		6	15
Number of projects developed and delivered with secondary school (recycling / growing initiatives / horticultural projects)	1	1	1	1	1	0	1		4	2
Number of projects working with young people in a community setting (7yrs-11 yrs Primary school age), (11yrs – 16yrs Secondary school age) and 16yrs to 21yrs	1	4	1	16	1	3	1		4	23
Number of recycling / growing initiatives / horticultural projects developed and delivered in the community	1	3	1	7	1	4	1		4	14
Number of educational impact sessions delivered in Primary schools (Littering and dog fouling)	3	3	3	2	3	1	3		12	6
Number of educational impact sessions delivered in secondary schools (Littering and dog fouling)	3	5	3	1	3	0	3		12	6
Number of educational impact sessions delivered in a community setting young people (7yrs-11 yrs Primary school age), (11yrs – 16yrs Secondary school age) and 16yrs to 21yrs	3	4	3	8	3	0	3		12	12
Number of educational impact sessions delivered in the community	3	8	3		3	0	3		12	8
Number of young people participating from a national scheme e.g. NCS or Princes Trust	5	15	5	15	5	11	5		20	41
Number of Restorative Justice opportunities provided for young people		0	1	0	1	0			2	0
Number of bags of rubbish collected (No target)		2270.5		1666.5		1391			0	5328
Number of fly tipping cases reported (No target)		2		4		4			0	10
Number of jobs recruited to		5		2		2			0	9
Number of apprenticeships created and recruited to		0	2	2	2	2			4	4
Number of apprentices gaining NVQ qualifications		0		0		0	4		4	0
Number of work experience placements (TBA)	5	0	5	0	5	0	5		20	0
Percentage of project spend achieved locally		95%		95%		95%			92%	285%

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South Area Council – Advice Services Contract
Monitoring sheet – CAB Welfare Rights Adviser
Contract start date 1st July 2019 – 30th June 2020

Activity	Quarter 2 July – September 2019 (July, August, September)		Quarter 3 Oct – December 2019 (October, November, December)		Quarter 4 January – March 2020 (January, February, March)		Quarter 1 April – June 2020 (April, May, June)	
	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Number of unique individuals seen in the South Area	119	174	119	189	119		119	
Number of individuals by gender	N/A	Male: 90 Female: 127	N/A	Male: 111 Female: 127	N/A	Male: Female:	N/A	Male: Female:
Number of individuals by ward	Min 15% of clients per ward	Darfield 17% Rockingham 22% Wombwell 30% Hoyland 31%	Min 15% of clients per ward	Darfield 17% Rockingham 21% Wombwell 40% Hoyland 22%	Min 15% of clients per ward	Darfield Rockingham Wombwell Hoyland	Min 15% of clients per ward	
Including repeat clients	N/A	217	N/A	228	N/A		N/A	
Number of clients classed as vulnerable	N/A	97	N/A	103	N/A		N/A	
Number of clients with declared:								
Mental health issues	N/A	84	N/A	107	N/A		N/A	
Physical health issues	N/A	95	N/A	96	N/A		N/A	

	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Number of clients enabled to self- help to reduce repeat demand	25 (New – target not previously set)	34	25	50	25		25	
Number of clients enabled to partially self- help (via Check & Send or similar)		12		33				
Overall benefit gain in £	£125,000	£422,718	£125,000	£563,071	£125,000	£	£125,000	
Number of appeals & mandatory reconsiderations supported	6	55	6	62	6		7	
Number of clients helped to claim:								
In-work benefits	N/A	67	N/A	53	N/A		N/A	
Disability/health related benefits	N/A	95	N/A	111	N/A		N/A	
Out of work benefits	N/A	88	N/A	94	N/A		N/A	
Other (please say what)								
Numbers referred to Credit Union or money management support	6 (New – target not previously set)	7	6	7	6		7	

	set)							
Number of clients supported in dealing with employment or other tribunals	N/A							
	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Number of clients referred to the Private sector Housing commission (New)	N/A							
Number of clients signposted for IT training and/ or functional skills (New)	19	0	19	0	19		18	
Number of residents who require digital access but do not have mobile/ home access to the internet (New)		N/A						
Number of volunteers recruited and trained (New)			1				1	
Number of volunteer hours contributed to the service			10				15	

Numbers referred to other specialist provision (please say what)	37	Debt Support 7 (CAB 5, StepChange 2) ACAS 1 Tax Aid 1 General CAB 7 Monthly Outreach Support 9 Solicitor 2 Accountant 1 Social Services 1 Age UK 3	37	Debt Support 7 (CAB 6, StepChange 1) ACAS 2 General CAB 9 Monthly Outreach Support 9 Solicitor 3 BMBC Private Housing 2 Help To Claim 5	37		39	
Number of organisations & groups networked with for referral, signposting or takeup purposes	5	2 (Age UK, MENCAP)	5	1 (BMBC Private Housing)	5		5	
Number of community networking plans completed & implemented	1 joint plan		1 joint plan		1 joint plan		1 joint plan	
Number of case studies submitted	2	2	2	2	2		2	
Health and Well Being surveys undertaken(New target) (Measuring % of survey respondents feeling less anxious after seeing the adviser, % of survey respondents feeling more able to manage their own affairs after seeing the	20% random sample	19% 91% of respondents felt less anxious 67% felt more able to manage	20% random sample	44% 95% of respondents felt less anxious 83% felt more able to manage	20% random sample		20% random sample	

adviser, % of survey respondents saying they experienced improved health and wellbeing as a result of seeing the adviser- written report to present findings		73% felt their health and wellbeing had improved		88% felt their health and wellbeing had improved				
Percentage of local spend achieved by contract (Highest proportion of spend will be on staffing)	90%		90%		90%		90%	

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